

MEN'S ESSENTIAL

Suitable for men under 40 years old, generally fit with no complaints or family history of illnesses



Clinical Examination

BMI, Blood Pressure Readings, Resting Electrocardiogram (Heart Rhythm), Spirometry (Lung Function), Vision Test

Imaging

X-ray Chest

Laboratory Investigations

Blood Biochemistry, Blood Sugar & Cholesterol Levels, Full Blood Count, Gout Screen, Hepatitis A & B, Kidney, Liver & Thyroid Function, Sexually Transmitted Disease, Urinalysis & Stool Occult Blood

Men's Essential with Ultrasound Abdomen
(for digestive discomfort)

Men's Essential with Ultrasound Abdomen & Pelvis
(for discharge or problems urinating)

Consultation:

Essential, Executive, and Extensive Plans are inclusive of doctor's consultation and review.

For specific concerns and lifestyle issues, the consultation with doctors and specialists ranges from \$150-\$300. If biopsy and other procedures are required, additional charges apply.

For seniors 65 years and above, vaccinations against influenza, pneumonia and shingles are strongly recommended. We should also check our eyesight and hearing, and take precautions to prevent falls.